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Fall Fundraising Fun!



Cathy Ross accepting her door prize of chocolate, donated by Spiral Tunnels, from our Make Spaghetti Grate Again Fundraiser.

Presidents Message

by Helen Barry

Hello Friends of Yoho,

I hope this fall season finds you healthy and well, and enjoying the fruits of the season, wherever you are.

We are extremely grateful to all of our summer volunteers. From gardening, to leading the historic walking tours, to the trail brushing and other work of the International Volunteer Program, what you do makes a big difference.

This season finds the Friends Board of Directors strong with all seven members as well as our manager, Brenda, and our Parks liaison, Lesley, actively engaged in making plans for the future.

At time of writing, our immediate project is our fall fundraiser and membership drive. This year we are returning to the "Spaghetti at the Community Centre" format that brightens a November evening in Field, and makes it financially viable for local and visiting families to attend. You will hear more about how it went later in this newsletter.

We are all happy at the prospect of setting an actual budget with the help of our Treasurer, Trisha Narbaitz. As Trisha works as a full-time accountant with a busy firm in Calgary, her donation of time energy and professional skills is much appreciated. Although we have always been accountable for the funds we receive (as can be seen in our annual financial statements, available to all members) we, as Board members are looking forward to the planning process.

Thank-you for your loyal support. Please remember to renew your membership for 2020, or consider becoming a life-time member.

Best of the season to you,

Helen



Fall Fundraiser

by Brenda Selkirk

The fall fundraiser was a good evening of fun. There were 50 people who were able to come out and eat a delicious dinner prepared by Helen, Ginette, Marilyn and Christine. Keep reading for the ingredients of the terrific spaghetti sauce and meatballs, so good in fact there wasn't much for leftovers.

With 50 dinners, 16 annual memberships and 1 new lifetime membership, this event continues to be supportive of The Friends of Yoho. As always, we appreciate your continued support which allows us to continue as an organization.

Guests bid on 29 silent auction items with door prizes being given away hourly and a 50/50 draw for those who liked to further their luck. We were able to raise \$120 from the silent auction, \$640 in memberships a whopping \$3056 in silent auction items – truly a reflection of the fantastic quality of donated prizes.

Thank you to the F.R.A.A. for hosting the bar service. Thank you to those who set up and took down at the community hall. A big thank you to those who donated items and to those who bid so enthusiastically to make this event such a great success.

You can keep informed of upcoming events by following us on Facebook: Friends of Yoho National Park.

Scholarship News

The Friends gave a \$1000.00 scholarship this year to a Golden student, Neva Dalinghaus. It was presented at the grad ceremony by our board member Sarah Osadetz. The essay Neva provided proved to be the best and we wish her well in her post-secondary courses.

WANT TO GET MORE INVOLVED?

**WITH MEMBERSHIPS, VOLUNTEER,
AND BOARD OPPORTUNITIES,
FRIENDS HAS SOMETHING FOR
EVERYONE!**

**CHECK OUT THE LAST PAGE FOR
MORE INFORMATION!**

And the seasons, they go round and round...

By Ginette Therrien

Yep! And another summer has just flown by.

Time has come to put to bed the FOY garden located as you round the corner by the school. Thanks to 4 people who volunteered a couple hours of their time, the deed is done.

A big THANK YOU also goes to Maggie Fields and Wendy Edge for tending to it throughout the summer. As for Mother Nature, she really helped with the watering this year...

Enjoy the White Season!



Working hard in the garden!

Spaghetti and Meatballs

by Denise Toulouse

Our fundraiser dish was such a big hit, we decided that we couldn't keep it to ourselves! Be sure to scale it back, unless you want enough to feed a crowd of 60!

Ingredients

Meatballs

- 4.5 kg ground beef
- 4.5 kg ground pork
- 6-8 eggs, depending on size
- 2 cups breadcrumbs
- 2 cups grated parmesan
- 1 bunch parsley, chopped
- Salt and pepper to taste

Pasta sauce

- 2 chicken breasts, sliced
- 1 kg pork ribs
- 4-6 onions, chopped
- 2 cloves garlic, chopped
- 8 L canned tomatoes
- 8 L tomato sauce
- 375 ml can tomato paste
- Seasonings to taste: basil, oregano, salt, pepper, chili peppers

Instructions

Meatballs:

1. Combine all ingredients and form into meatballs, 1½ inch diameter.
2. Cook meatballs in boiling water, approximately 5-10 minutes, remove and set aside.

Pasta Sauce:

1. Sauté chicken breasts, pork ribs, onions and garlic in olive oil.
2. Add canned tomatoes, tomato sauce, tomato paste, and seasonings to taste. Allow to simmer for flavours to blend.
3. Serve meatballs and sauce over cooked pasta. You'll need approximately 6-7 kgs for this recipe volume. Top with parmesan cheese!



Now that's a lot of pasta! Ginette was a champion!



You'll want friends to help with clean up! We highly recommend kitchen volunteers Andrea and Abby!

General Manager Report

by Brenda Selkirk

I would like to thank the board members, staff, and volunteers, for their dedication to the Friends.

Thank you to the shoppers. This season started slow and ended on a high note. We had terrific sales with many returning customers, and positive feedback on store items. Volunteers helped with t-shirt rolling, pricing, organizing, and moving stock. Thank you, Parks Canada and Travel Alberta, for the great teamwork during the busy summer months at the visitor centre, and delicious pot luck lunches.

The store staff worked hard to provide great customer service for the Friends of Yoho. They have written about their experiences and merchandise we sell.



Friends of Yoho store staff – Flint, Talia, Brenda and Caleb.

Employee Messages

Talia Galligan

My name is Talia Galligan, and I enjoy working at the Friends of Yoho because I enjoy interacting with all the different people who come into the shop. It has been a busy summer with all kinds of different people coming into the store, and I enjoy having conversations with people about all the things we have for sale; for example, we have a variety of jewelry available, many of which is hand-made in Canada. One of the more local artists is Wanda Shum from Victoria, who makes different types of earrings, brooches, necklaces, and more out of polymer clay. Very unique!

Caleb Chapman

This was my first season working for the Friends of Yoho, and it was an amazing experience. I learned new skills and had opportunities to apply some of my talents. I worked alongside many wonderful people from Friends of Yoho, Parks Canada and Travel Alberta and met many interesting travelers. I was also impressed by the variety of items within the store, in particular the selection of books, from the fascinating facts of Bear Attacks to the exciting real stories of Sid Marty and fictional tales of By Gaslight and The Huntress, I think the store has a book for everybody.

I would like to thank Brenda and everyone at Friends of Yoho for this opportunity and I look forward to another great season next year.

Flint Palmer

After many years in the hospitality industry this was my first time in retail. It was a very unique and rewarding experience. With a wide variety of quality products in the store no two days were ever the same. Some days it was all stuffed animals and T-shirts where other days were Trivets and Train Whistles. It was a pleasure to meet and chat with people from all over the world about the F.O.Y. and all the great things that we do.

DID YOU KNOW?

THE FRIENDS OF YOH0 GIFT STORE
IS THE MAIN WAY ALL FRIENDS
PROGRAMS, PROJECTS, AND
EVENTS ARE FUNDED!

Water Bottle Filling Station

By Karla Gaffney

This year saw the Friends of Yoho initiating the purchase and installation of a refillable water bottle station in the Field Visitor Centre. With funding and installation assistance from the LLYK unit of Parks Canada, it was successfully installed this past June. It will be accessible year round as it is located in the portion of the building that is open 24/7. We are proud to do our part in reducing the need for single use bottles. Reusable water bottles are always available for purchase at our retail outlet from April to October. We have some of the best drinking water in the Canadian Rockies! Come visit us.



Friends of Yoho staff member Caleb, staying hydrated!

Lake Louise Go International Volunteer Program

By Natasha Lay

This year Friends of Yoho proudly supported the Lake Louise Go International Volunteer Program. The Lake Louise Ski Area hosted 14 volunteers from 6 different countries, who contributed over 2,090 volunteer hours this Summer to improving the Lake Louise/Yoho/Kootenay field unit area. One of their achievements was helping the Kicking Horse Ski Club to hand-prune and limb over 400m of the Tally-Ho cross-country ski trail.

Accomplishments by the volunteer program for 2019 include:

- Removing over 10 kg of litter from Banff National Park
- Collecting over 1,000 bags of recyclable containers
- Weatherproofing and staining railings, fences and planters
- Piloting a guided hike to Hidden Lake, focusing on species at risk
- Hand-pruning and limbing more than 400 m of the Tally-ho Ski Trail.



Volunteers learning from the best – manager Ron Allen.

Field Summer Music Festival 2019

By the FSMF Team

The day of Field Summer Music Festival weather was predicted to be 70% showers and thunderstorms.... But as the age old saying: The show must go on.

With a diverse music roster of 36 musicians making up a total of 10 bands with a musical emcee, there was a little something for everyone. Through conversations with all that attended, hands down it was Sean Burns and The Windy City Band as well as the Wooden Horsemen that stole the show (but apparently Ricky Diamonds from Las Vegas as the musical emcee was a hit with the ladies). It was an event unlike any held before in the village of Field with everything from gourmet grilled cheese sandwiches, bannock bison burgers & local vegan fare. As well as local craft beer and cider, face painting and cotton candy there was much for all to enjoy.

Organizers, Flint Palmer, Courtney Allen & John Jenkins were more than pleased with overall turnout (240 tickets + 50 volunteers) and look forward to making next year's event even better. The three are hard at work now working on a shuttle service from Golden and Lake Louise as well as campsites for the 2020 event and most importantly an amazingly diverse lineup of music for all.

The FSMF Team can be reached via email: fieldmusicfest@gmail.com They also encourage you to follow them on FB & IG : @fieldmusicfest

Historical Walking Tour of Field 2019

By Lorraine Zirke

This summer saw 5 new faces conduct the walking tour. Normally Karla Gaffney and Helen Barry have led the tours. But this summer I put together a schedule that rotated the 22 tours amongst seven guides. The tours started July 2nd and ended on September 12th, Tuesday and Thursday nights. Most of our guides were local residents with the one exception being Kathy Taerum who once lived here. With having the diversity of guides each tour was somewhat different each time. We were all given the same historical script but

answered present day questions of life in Field differently because of our backgrounds. The tours met in the town square and finished inside the church. All donations were given to the Field community to be used for renovation of the church. In total we had 135 participants from many countries that most often were staying in Field or at the campground. Many thanks to the following guides: Helen Barry, Karla Gaffney, Heather MacNeill, Kathy Taerum, Maggie Fields, Kathryn Cameron and Lorraine Zirke. All the guides gave suggestions for improvements and additions to the script for next season. Having the tour added greatly to guests' experience staying in Yoho National Park. \$700 in donations were given to the F.R.A.A church project.



Walking tour action shot! Smiles all around.

Funding Needs in the National Park,

By Patricia Narbaitz

Are you working on an initiative in the Yoho National Park that could use some additional funding? Do you have any great ideas to help encourage the appreciation and understanding of the National Park? Look no further! The Friends of Yoho National Park is looking for new ideas that contribute to the Friends of Yoho focus areas of appreciation, understanding and stewardship! All you have to do is fill out our *Proposal for Friends of Yoho Funding* Form with your idea and the details of the funding requirements and submit it to friendsofyohoproposal@gmail.com. Then you will hear from us in the new year if we are able to help!

The *Proposal for Friends of Yoho Funding Form* can be found on the friendsofyoho.ca website, printed at the Post Office in Field, or we can email you a copy if you contact us at friendsofyohoproposal@gmail.com!

Our Membership

Anyone is eligible to become a member of the Friends of Yoho Society! Becoming a member has several benefits including:

- Developing friendships and connecting with a community that is passionate about understanding and appreciating the natural and cultural heritage of Yoho National Park
- Receiving a sense of accomplishment and pride, knowing your membership fee helps in the development of programs and projects that benefit Yoho National Park
- Unlocking a special 10% discount on merchandise in the Friends of Yoho retail store, as well as at addition Friends stores across
- Subscription to newsletter just like this one that will help keep you informed on programs, projects, and events that the Friends are currently working on!

Membership Pricing

Individual: \$20, annually
Family: \$40, annually
Lifetime: \$200, one time fee

Volunteering

If you have ideas for new programs or projects that may fit with the Friends organization, please let us know! Additionally, if you know of existing initiatives that the Friends are involved with and you'd like to get more involved, please reach out and we will do our best to use

your skillset to its full potential. If you'd like to become deeply involved with the Friends of Yoho organization, consider becoming a Board Member! More information about the upcoming elections will be coming out in the spring, but in the meantime please connect with us for more information in the near term.

Unique Gifts

The Friends of Yoho National Park operate a gift shop in the Field Visitor Centre. The primary source of funding for all the Friends operation, projects, programs, and publications come directly from the profits generated at this store. The store offers materials to enhance a visitor stay in Yoho National Park, specializing in natural and cultural books, as well as trail guides, maps, clothing and giftware unique to Yoho National Park.

The store is usually open seven days a week from April to October each year. Being open seven days each week for 8 months of the year, the store has a number of full-time staff positions that pay a competitive salary and offer rewarding a rewarding experience in a fast paced retail environment. In addition to looking for future employees, the store is always on the lookout for new product lines and partnerships, so please reach out whether you're interested in employment, products, or partnerships.

*FOR MORE INFORMATION ON
MEMBERSHIP, VOLUNTEERING OR
DONATING, PLEASE CONTACT:*

PHONE: (250) 343 – 6393
EMAIL: info@friendsofyoho.ca